OCTOBER 2023

Cameron Lunch

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Bosco Stick Caesar Salad Baked Chips Fresh Fruit Choice of Milk	3	Chicken Tenders Gold fish Crackers Steamed Carrots Fresh Grapes Choice of Milk	4	Corn Dogs Baked fries Lettuce Salad Fresh Fruit Choice of Milk	5	Pancakes/Syrup Sausage Sweet Potato Fries Fresh Apple or Banana Choice of Milk	6	Mac and Cheese Bread Stick Broccoli/Ranch Applesauce Choice of Milk	
9	Pizza Caesar Salad Fresh Fruit Baked Chips Choice of Milk	10	Popcorn Chicken Cheese it Crackers Carrot Sticks/Ranch Fresh Grapes Choice of Milk	11	Nacho Supreme Meat/Cheese/Chips Lettuce/Tomato Salsa/Sour Cream Fresh Fruit Choice of Milk	12	Waffles/Syrup Sausage Link Sweet Potato Fries Fresh Apple or Banana Choice of Milk	13	NO SCHOOL	
16	Bosco Stick Caesar Salad Baked Chips Fresh Fruit Choice of Milk	17	Chicken Nuggets Gold fish Crackers Steamed Carrots Fresh Grapes Choice of Milk	18	Grilled Cheese Lettuce Salad Baked Chips Fresh Fruit Choice of Milk	19	French Toast/Syrup Sausage Link Sweet Potato Fries Fresh Apple or Banana Choice of Milk	20	Hot Dog Smiley Fries Steamed Corn Applesauce Choice of Milk	
23	Pizza Caesar Salad Fresh Fruit Baked Chips Choice of Milk	24	Pretzel/Cheese Carrots sticks/Ranch Fresh Grapes Choice of Milk	25	Hamburger/Bun Lettuce Salad Smiley Fries Fresh Fruit Choice of Milk	26	Pancakes/Syrup Sausage Link Sweet Potato Fries Fresh Apple or Banana Choice of Milk	27	Mini Corn Dogs Steamed Corn Gold Fish Crackers Applesauce Choice of Milk	
30	Bosco Stick Caesar Salad Baked Chips Fresh Fruit Choice of Milk	31	HAPPY HALLOWEEN Mac and Cheese Bread Stick Steamed Carrots Fresh Grapes Choice of Milk	1		2		3		

News

NO SCHOOL 10/13 Trick or Treat 10/31 Gladstone 5-7pm

Choice of Milk-1% White 1% Chocolate



Fruit ChoicesApple
Apple Slices
Clementine
Banana
Strawberries
Blueberries
Grapes
Applesauce
Mixed Fruit Cup

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	3	4	5	6	
9	10	11	12	13	
16	17	18	19	20	
23	24	25	26	27	
30	31	1	2	3	